

BEST PRACTICES SUCCESSFULLY IMPLEMENTED BY IASE, THRISSUR

1. WOMEN EMPOWERMENT

Objectives / Intended outcomes

The main objective of Women's empowerment cell in our institution is to support teacher educators in developing a better understanding of issues pertaining to the girl student of their internship institutions and also the institutions they are going to work. The aim of the orientation program conducting in the college is for empowering the prospective teachers and their parents. The outcome of the orientation program and training program gives them a platform to express their opinions and experiences about their place in society and offer suggestions for how to get better and become more independent. To empower prospective women teachers, our institution organizes a lot of initiatives like through defence training, Zumba and Yoga training by the initiative of Dept. of Physical Education.

Context of the Introduction of Women Empowerment Programme

The girl students coming for teacher education courses from UG and PG courses are not much aware of the women empowerment. They lack concepts in gender discrimination, gender neutrality and self- defense mechanisms in their life. So they encounter certain issues in their family, peer-group, while travelling and in educational institution also. Even though they are having high academic qualification, they lack quick response in reacting and facing the issues they encountered. Through the teacher education programme, these students get orientation, experience and practices in facing the issues addressed by women. These can be transferred to the students during their internship programme.

The practices followed in the college

- Awareness class to the students about the importance of women's issues.
- Assisting students and their parents in realising their potential and strengths.

- Holding conferences, workshops, and awareness campaigns to spread information about rights and opportunities of women.
- Offering services in advising and counseling through Jeevani Club.
- To face certain issues encountered by girl students in their life, discussions are made in colleges for identifying the issues and the probable solutions for them.
- To empower prospective women teachers, our institution organizes a lot of initiatives like through defence training, Zumba and Yoga training by the initiative of Dept. of Physical Education.
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HONESTY SHOP AND CLOTH BANK

Objectives / Intended outcomes

The main objective of honesty shop and cloth bank is to make the prospective Teachers and Teacher educators to transfer the ideas for students by giving them a chance to express the virtue of honesty and to make them a better civic sense among students and to mould them as a responsible youth. Honesty shop, where the students can able to select any of the stationery items needed like pen, pencils, A4 papers, chart papers, etc. In the shop, there is no shopkeeper but only the items displayed on various shelves with the displayed price for each item. Students can take the required item in the required quantity and to put the amount specified for each item in the box provided and they can take the balance amount from the same box itself. This facility is used by the students, teachers and office staffs.

The collections of clothes are done by collecting clothes from the people who no longer need them, and these clothes are distributed among the poor and the needy which is a new initiative by IASE, Thrissur. Each student can contribute dress to the cloth bank. Either they can donate new items or those items which they are not using but can be used by another person. Such dress materials were washed and ironed properly and will be displayed in the Almirah kept

in the room. Anyone who needs a dress can able to go to the bank and take the required dress.
The needy people in the town can also get the clothes with the permission of the college.

- To provide inculcation of honesty among students.
- To trust ourselves and others among trainers and students
- To adapt the measures and share the value of Trust, Truth and Integrity of students.
- To teach the value of sharing and caring.
- To develop our capacity for empathy and enable us to act to assist those in need.
- To provide good quality clothes free.

The practices followed in the college

Regular collection of clothes from students and its distribution among needy

Functioning of honesty shop