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# Report on Eudaimonia Series- I session

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**Institute of Advanced Study in Education**

**Jeevani Centre for Student's Well-Being**

**Eudaimonia series- I session**

The session on Eudaimonia Wellness series was conducted at IASE, Thrissur on 15th December 2022, Thursday from 10 am to 12 pm. The topic discussed was “Learning Disability.” The programme was organised by Jeevani Wellness Centre, IASE, Thrissur. The key speaker of the session was Ms. Elsa Paul, Psychology Apprentice, IASE, Thrissur.



The session started with an activity to introduce the topic. Here the students were asked to come up from the audience voluntarily. They were made to play a game of “Heads up.” In the game the pictures shown were all of the individuals who have had some kind of a learning disability.

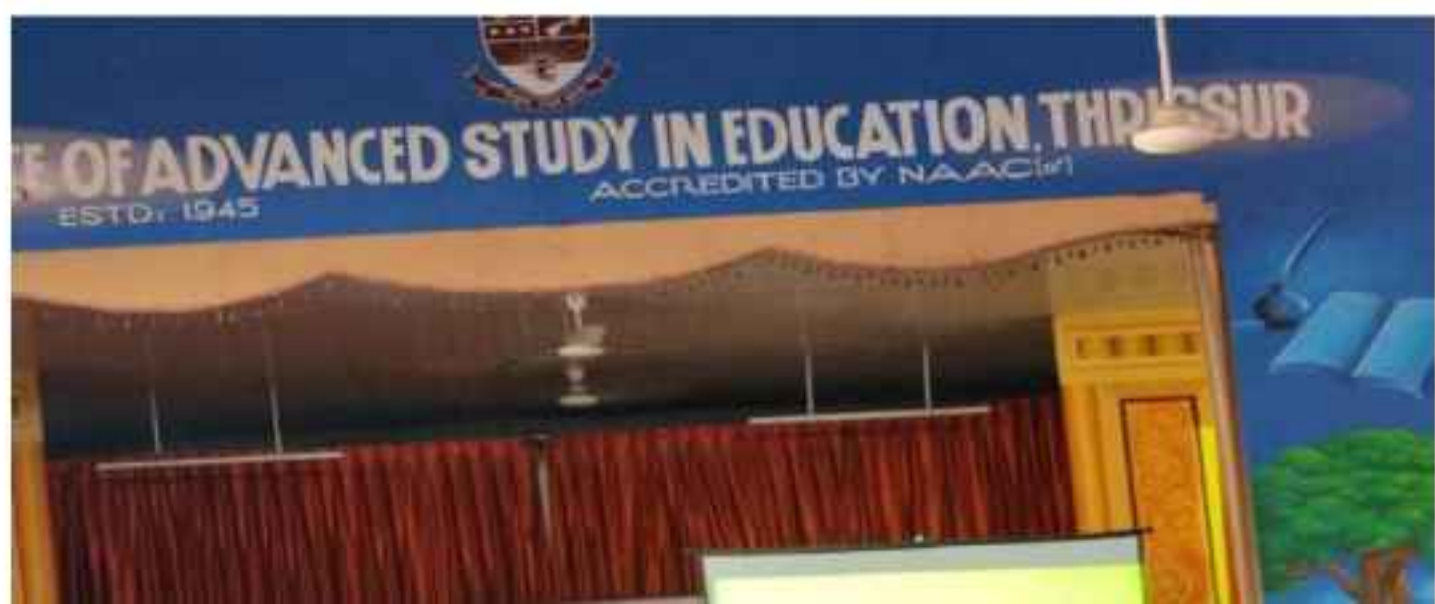


This was followed by a detailed session on learning disabilities. The speaker talked about the characteristics of learning disabilities, the difference between learning disability and intellectual disability, how they are clinically stated according to DSM 5 and ICD 11, the functional consequences as well as the types. Each type of learning disability was discussed showing the students related pictures and examples depicted in movies as well.

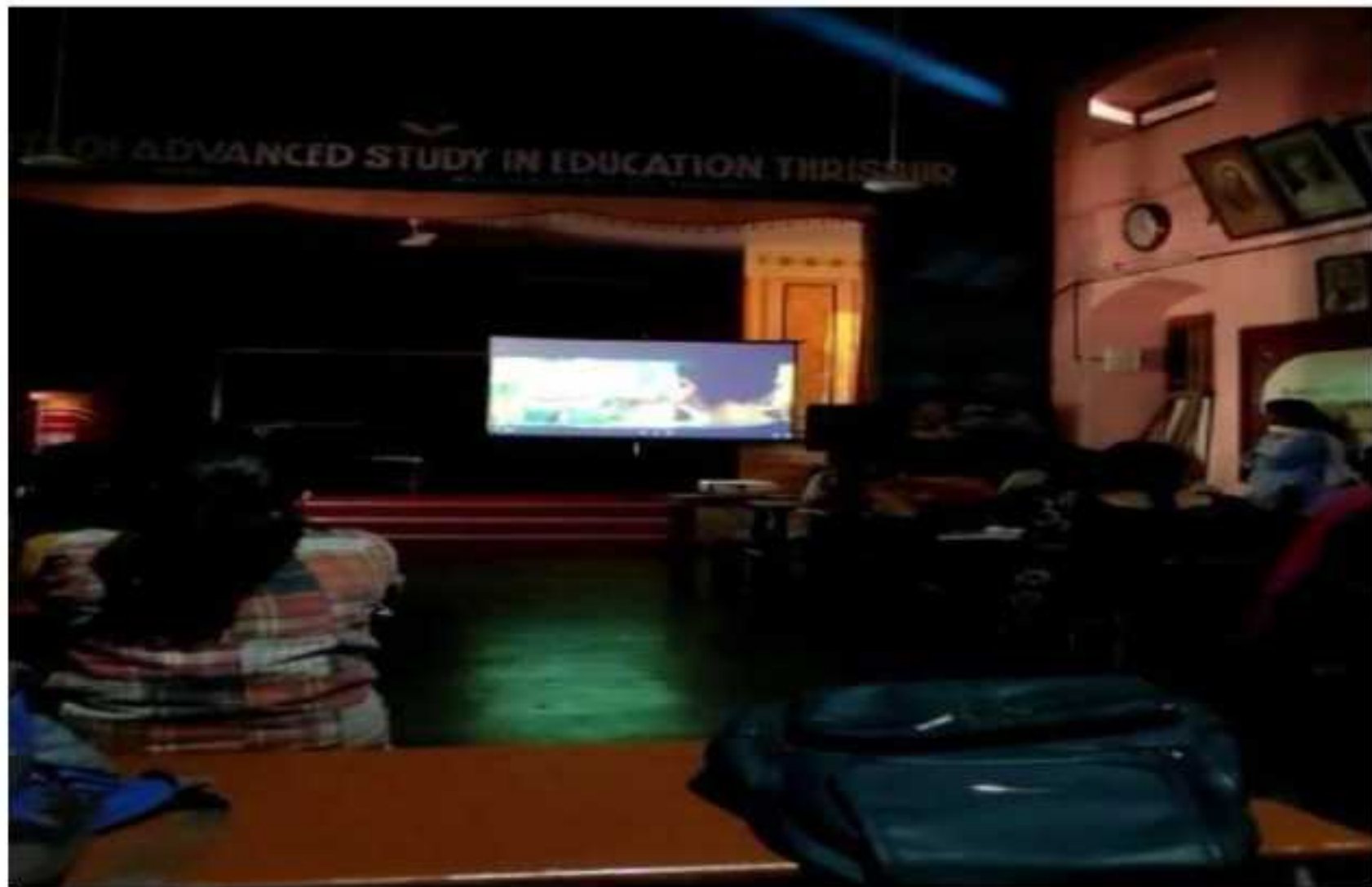




Towards the end of the session the principles of helping pupils with learning difficulties were also discussed including factors such as teaching preparation, importance of devising various learning activities, designing meaningful learning situations, teaching approaches that can be adopted, importance of providing clear instructions, summarising main points, enhancing learning interest and motivation, encouraging pupils active participation in class and focussing on the learning.



A 15 minute video of the Indian movie ‘Taare Zameen Par’ was shown. Taare Zameen Par is a 2007 Hindi-language drama film produced and directed by Amir Khan. The film explores the life and imagination of an 8 year old boy Ishaan who, despite excelling in art, has poor academic performance. His art teacher suspects that he is dyslexic and helps him to overcome his reading disorder.



This was followed by a feedback session where Ms. Vihitha K (1st B.Ed) and Ms. Rajalakshmi (2nd M.Ed) reflected and gave their feedback regarding the session. The vote of thanks was delivered by Parvathi Arul Joshi (1st B.Ed). The session ended at 11:45 am.

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# *Report on Eudaimonia Series -*

## *II Session*

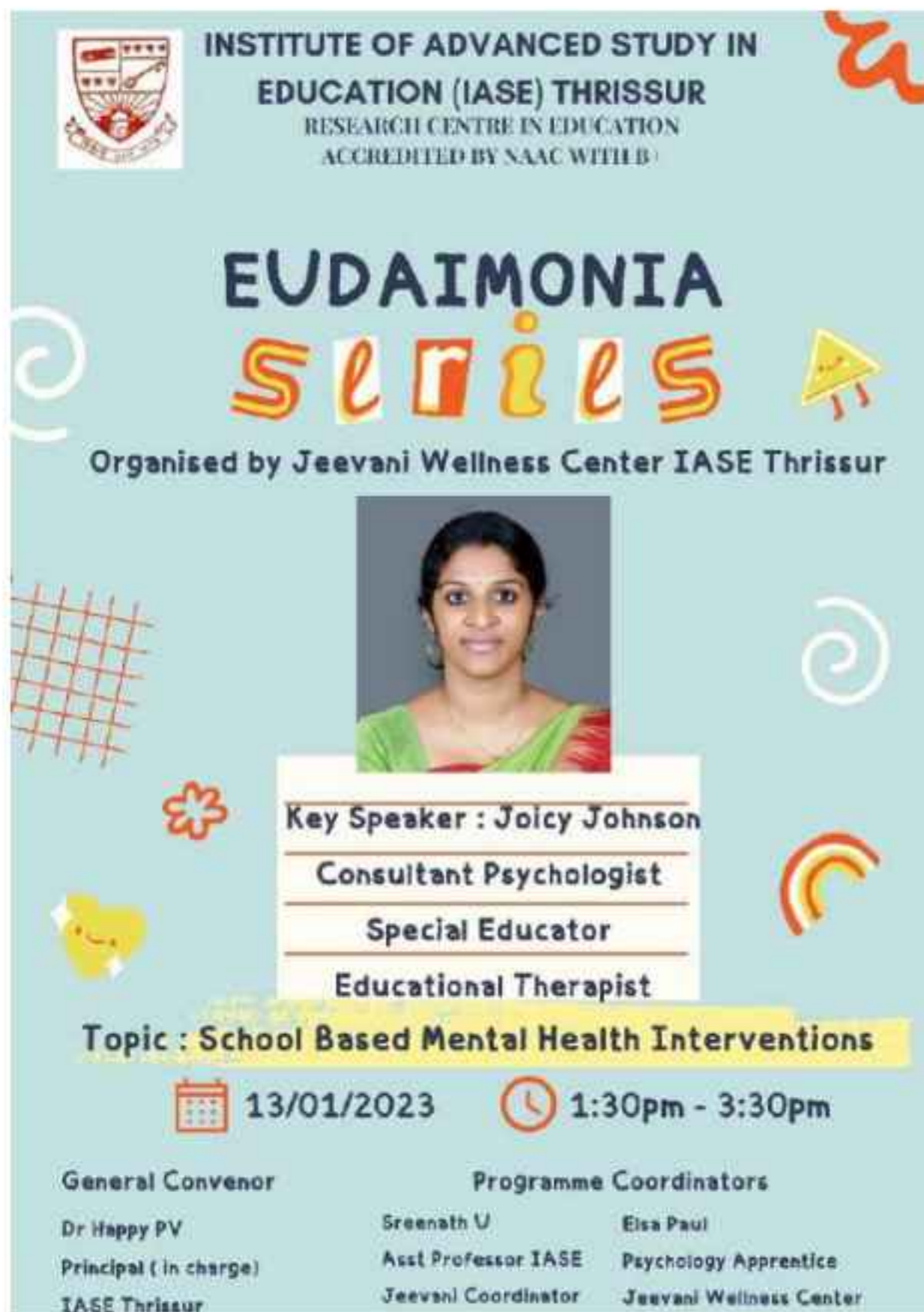
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## Jeevani Centre for Student's Well-Being

### Eudaimonia series- II session

The second session of the Eudaimonia Wellness series was conducted at IASE Thrissur on 13th January 2023, Friday from 1:30 pm to 3:30 pm. The topic addressed was “**School Based Mental Health Interventions.**” The programme was organised by Jeevani Wellness Centre, IASE, Thrissur. The key speaker of the session was Ms. Joicy Johnson, consultant psychologist, special educator and an educational therapist. She is currently managing her own centre for special education and counselling, Pro Hour.



The poster is for the Eudaimonia Series, Session II, organized by the Jeevani Wellness Center at IASE Thrissur. It features a light blue background with various decorative elements like swirls, a grid, a flower, a heart, and a rainbow. At the top left is the IASE Thrissur logo, and at the top right is a stylized orange 'u' logo. The text 'INSTITUTE OF ADVANCED STUDY IN EDUCATION (IASE) THRISSUR' is prominently displayed, along with 'RESEARCH CENTRE IN EDUCATION' and 'ACCREDITED BY NAAC WITH B+'. The title 'EUDAIMONIA' is in large, bold, dark blue letters, with 'Series' in a colorful, stylized font below it. A portrait of the key speaker, Ms. Joicy Johnson, is shown in the center. Below her photo, her name and titles are listed: 'Key Speaker : Joicy Johnson', 'Consultant Psychologist', 'Special Educator', and 'Educational Therapist'. The topic 'School Based Mental Health Interventions' is highlighted in a yellow box. The date '13/01/2023' and time '1:30pm - 3:30pm' are shown with calendar and clock icons. At the bottom, the names of the General Convenor and Programme Coordinators are listed.

**INSTITUTE OF ADVANCED STUDY IN  
EDUCATION (IASE) THRISSUR**  
RESEARCH CENTRE IN EDUCATION  
ACCREDITED BY NAAC WITH B

**EUDAIMONIA**  
**Series**

Organised by Jeevani Wellness Center IASE Thrissur

**Key Speaker : Joicy Johnson**  
Consultant Psychologist  
Special Educator  
Educational Therapist

**Topic : School Based Mental Health Interventions**

**13/01/2023** **1:30pm - 3:30pm**

<b>General Convenor</b>	<b>Programme Coordinators</b>	
Dr Happy PV	Sreenath U	Elsa Paul
Principal ( in charge)	Asst Professor IASE	Psychology Apprentice
IASE Thrissur	Jeevani Coordinator	Jeevani Wellness Center



The session formally started at 1:30 pm. The programme was emceed by Mariyam (1st B.Ed). Ms. Elsa Paul, Psychology Apprentice, IASE, welcomed everyone to the session.



Ms. Mariyam Sandra Francis  
(1st B.Ed Student)



Ms. Elsa Paul  
(Psychology Apprentice, IASE)



Ms. Joicy gave an overview about mental health issues and clinical problems in children. Here problems including emotional, behavioural, scholastic, identity, personal, family, drug or substance abuse and psychological problems were highlighted.



The mentioning of these issues among children was followed by measures to deal with them as teachers. Here she focused on the importance of being aware of the changes and needs of children as they march on in their development. She also mentioned the behavioural management of students in classrooms. Here she discussed a teacher's role and discipline as well as the instructional strategies, procedures and programmes that would come in hand for a teaching professional when engaging with students.





Strategies such as modelling an ideal behaviour, maintaining a routine, developing a relationship with your students, setting rules together with your students, effective time management, use of non-verbal communication and positive language, and creating stimulating lessons were discussed.

The session was followed by an interactive and feedback session where Najma (1st B.ed), Ms. Vihitha K (1st B.Ed), Ms. Athira (1st M.Ed) and Ms. Dhanya (1st M.Ed) gave their feedback. The vote of thanks was delivered by Ms. Sruthi M.M. She extended her gratitude and appreciation towards the chief guest, teachers and students. The session formally ended at 3:30 pm.

# *Report on Eudaimonia series – III session*



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February 28, 2023

# Book review – “The Places that Scare You”



**LIVING  
LIGHTLY IN A  
DISTRACTED  
WORLD**

The third session of Eudaimonia wellness series was conducted at IASE, Thrissur on 28<sup>th</sup> February 2023 from 1:30 pm to 2:10 pm. In this session the students were introduced to a book

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“The Places that Scare You.” The programme was organized by Jeevani Wellness Centre, IASE, Thrissur. The key speaker of the session was Ms. Elsa Paul, Psychology Apprentice, IASE.

The session started with an activity wherein the students were asked to hold a glass of water for as long as they can. The maximum they could hold on to was for 5 minutes and 48 seconds. They were then asked to relate this analogy to the worries, fears and anxieties that they have held onto in life.







We always have a choice, Pema Chodron teaches: We can let the circumstances of our lives harden us and make us increasingly resentful and afraid, or we can let them soften us and make us kinder. Here Pema provides the tools to deal with the problems and difficulties that life throws our way. This wisdom is always available to us, she teaches, but we usually block it with habitual patterns rooted in fear. Beyond that fear lies a state of open heartedness and tenderness. This book teaches us how to awaken our basic goodness and connect with others, to accept ourselves and others complete with faults and imperfections, and to stay in the present moment by seeing through the strategies of ego that cause us to resist life as it is.

The speaker also spoke about the three lords of materialism described by Perma Chodron in her book: 1) Lord of Form, 2) Lord of Speech and 3) Lord of Mind. Lord of mind refers to the physical things that we attach ourselves to. Lord of speech refers to certain rigid beliefs that we attach ourselves to and Lord of mind refers to when we try to achieve a heightened state of mind in order to overcome the uneasiness of life.

As a resolution to stop us from attaching to the three Lords of Materialism, the speaker suggested methods such as awareness, learning to stay and being compassionate towards us as an individual. The session ended at 2:10 pm.

# **ANTI-HUMAN TRAFFICKING CLUB** **INAUGURATION**

**INSTITUTE OF ADVANCED STUDY IN EDUCATION, THRISSUR**

The Anti-human trafficking club (AHTC) 2023 at the Institute of Advanced Study in Education Thrissur, in collaboration with the District Legal Service Authority Thrissur, conducted its official inauguration ceremony on March 30, 2023.



***DISTRICT LEGAL SERVICES AUTHORITY THRISSUR***

***In association with***

***INSTITUTE OF ADVANCED STUDY IN EDUCATION  
THRISSUR***

***INAUGURATION OF ANTI HUMAN TRAFFICKING  
CLUB***

**Programme schedule**

***Welcome address: Dr. Mubi K Muhammed Ali  
(Teacher Coordinator, AHTC)***

***Presidential address: Dr. Happy P V (Principal in  
charge, IASE)***

***Inaugural address: Sri. Manjith T  
(Secretary (Sub Judge) DLSA Thrissur)***

***Felicitation: Sri. Chandranandan C (Sub Inspector of Police)***

***Vote of thanks: Ms. Sandra K S (Student Coordinator,  
AHTC)***

***Date: 30.03.2023***

***Venue: IASE AUDITORIUM***

***Time: 2.15 PM***



The programme started with the prayer song by Supriya Devi (1st year B.Ed Physical science, member of Ragamalika club of I.A.S.E. ) Dr. Mubi. K. Mohamed Ali, AHTC's teacher coordinator and assistant professor of Natural science, presented the welcome address. She welcomed everyone who had gathered there, including the chief guest, Sri. Manjith T, Subjudge and the secretary of DLSA Thrissur, Dr. Happy P.V., the Principal in charge of I.A.S.E., Sri. Chandranandan C., the Sub Inspector of Police and Ms. Sandra K. S., the student coordinator of AHTC (1st year B.Ed Natural Science). She also spoke about the importance of this club in the college.



The principal in charge of I.A.S.E, Dr Happy Miss, delivered the presidential address. She discussed the significance of AHTC in colleges and schools.



The inauguration speech was then delivered by Sri Manjith sir. He made a small speech on AHTC. He explained that as part of AHTC, many programmes are scheduled for each month and that we must also create reports for each of these programmes. He spoke about several issues that are present in our community as well as the unfavourable effects brought on by ignorance of such programming.





After that, Sri. Chandranandan sir handled the felicitation. He read many articles about the government's anti-human trafficking laws. The programme came to an end at 3:30 with a thanksgiving speech by Ms Sandra K S, the student coordinator of AHTC.





# INSTITUTE OF ADVANCED STUDY IN EDUCATION



PALACE ROAD, THRISSUR-20

## PRACTICAL RECORD 2021 - 2023

EDU 302 COURSE ON EPC 2 & Drama And  
Art in Education

Name : HARITHA SANKAR

Reg. No. : ITAVIPN003

Optional Subject : PHYSICAL SCIENCE

Certified bonafide record of the work done by

HARITHA SANKAR

For the year 20...21... - 20...23...

Valued  
10/02/23

External Examiner



Internal Examiner

STYNE JOSEPH  
Asst. Professor Physical Science  
Institute of Advanced Study in Education  
Thiruvananthapuram-680 020  
PEN 452308

Principal

*[Signature]*



INSTITUTE OF ADVANCED  
STUDY IN EDUCATION, THRISSUR

EDU. 302. COURSE ON EPC 2

DRAMA & ARTS IN EDUCATION

WORKSHOP


REPORT

Name of student : Haritha Sankar

Roll No. : 35

Optional Subject : Physical Science

Date of Submission : 12/09/2022

Signature of the Faculty : 

B.ED 2021 - 2023



# ARTS AND DRAMA



## WORKSHOP

As a part of our two year B-Ed programme, under EDU. 302, Course on EPC 2 - Drama and Art in Education, a workshop was held from 26/08/22 to 30/08/22 in the college auditorium.

The blend of Drama and Art in Education has been there since the time Plato started his academy. Drama and theatre, both are pivotal outlets for self expression and using drama as a teaching tool, students are involved in every way, intellectually, physically, socially and emotionally. The use of Drama and Art in education leads to holistic learning, accelerates personality development and impacts students with crucial life skills, problem solving skills, leadership, cooperation and collaboration.

Drama and Art in Education - workshop named "Srishti" was held from 26/08/22 to 30/08/22 in our college auditorium.

Inaugural ceremony was started at 9.45 AM by Srinath Sir, Asst. Prof.



Department of Educational Psychology and felicitation was done by Srikala Miss, Asst. Prof. Department of Physical Education. The resource person for the workshop was Sri. Rajesh Naradh Sir, theatre practitioners.

The workshop on Art and Drama was a 5 day programme with many interesting activities. This programme was very useful for identifying the skills and creative ideas in each and every student teachers.



# Day - 1

26/08/22

Friday

After the inaugural ceremony, Rajesh sir introduced himself and helped and accompanied with us in performing different exercises. Exercise can help in controlling weight, combat health conditions and promotes better sleep.

After performing different exercises, Rajesh sir suggested students to form a wide circle in the auditorium, which help us to see each other. The students were supposed to close their eyes and hold the hands, each other and exert maximum energy on the hands. This was done to show that, we are one and there is unity among us.

Then we performed different games. The students were grouped into two and suggested us to play the game fish and fisherman. Fisherman made a large circle by holding the hands each other. The fishes ran around the fisherman. When all the fishes inside the net, the fisherman will suddenly close the net. This game was very much inte-



esting. All the student teachers enjoyed the game very much.

Then we played another game, India - China, and the group was same as in the first game. When sir called the name of the country, 'China', the people in the borders ran to China and when he called the name 'India', the people in the borders of India, ran to India. This game was also very much interesting. There was a huge cooperation among the student teachers.

After the lunch break, at 1:30 PM, all the students gathered again in the auditorium in the form of small groups for making the puppets. Puppetry is a form of theatre or performance, which involves the manipulation of puppets, resembling some type of human or animal figures that are manipulated by a human called puppeteer. The materials for making a puppet are listed below:

- Plastic bottle
- Ice cream ball
- Cotton cloth
- Fertilizer
- Markers
- Scissors



All the student teachers made different beautiful puppets. Importance of puppetry in the field of education lies in the fact that the medium helps in developing imagination, creativity and observation skills in the students.



# Day-2

27/08/22  
Saturday

The second day of the Art and Drama workshop of third semester B.Ed students of IASE, Thrissur was held on 27 August 2022, Saturday.

The workshop activities for the day started at exactly 9.30 AM with warm up exercises under the guidance of Sri. Rajesh Navath.

The first activity which emphasized on sharing, balancing and exchanging or transmission of the energies of different individuals started at 10.00 clock and lasted till 10.20 AM. For the completion of the activity, the students were asked to form pairs and groups of members having different physical strength and abilities and to utilize their strengths to maintain a balanced standing position through pushing and pulling each other in the pairs or group. This task was helpful in realising the need for inculcating sense of caring, trust, cooperation and sharing in students while engaging in group works.



The second activity which lasted for 20 minutes [from 10.20 AM to 10.40 AM] was to maintain minimal contact with the ground with our body. It focused on the idea of wise utilisation of all body parts of individuals while engaging in physical tasks. The teachers pupils completed the activity both individually and collectively. We could find this technique useful in developing cooperation and initiation in students and making children realize about their physical and mental potentials.

The third activity which started at 10.40 AM focused on individual's concentration and control of movements. It also stressed on the skill of multitasking like controlling one's own movements according to another's instructions and to control another's movements according to one's own wishes at the same time.

The next half an hour time was utilised for evaluating the activities done in the previous day. In this session some students shared the experience they got and went through in a nutshell. Most of them revealed that they were able to discover their hidden childish excitement.



After that, the teachers pupils were divided into three groups for preparing the text for the puppetry performance. During this session (11.45 AM - 12.30 PM) the students created three different storylines and shared them in common.

The next session of workshop was planned after the lunch break & it started at 2 PM sharp at the college auditorium. This fifth session was meant for establishing an interlude between the three storylines made by the teachers pupils in the previous session. During this process time concepts like interlude of stories was established to connect them together for making it a single story; suitable changes were also made for that creative dramatises, narrator and his role in drama performances and participatory theatre were the other concepts discussed during this session. This session lasted till 5 PM. After 3.10 PM, the students utilised the time for the groupwise practice of puppetry performance under the guidance of Shri. Rajeesh Nairath. During the same techniques used in performing puppetry were also discussed. The final session of day 2 ended at 4.30 PM with



the separate performance of each group. After that Rajesh sir explained how to do hand painting using acrylic paint and gum. A follow up activity was also given on the same for the next day. Thus, second day of Art & Drama workshop came to an end in a fruitful way.



# Day - 4

29/08/22  
Monday

The class was started at 9.30 AM with warm up exercises. The warm up session was very energetic. The students were actively participated in the warm up session. A warm up session is very important before starting a class. It helps to increase our flexibility, make it easier to move and exercise correctly and it helps to improve our performance. After the warm up session, the students were gathered in the auditorium. The game session was started at 10.30 PM. The first game was with a balloon. The students should keep the balloon without falling in the ground. They could use their body parts to move the balloon. The purpose of the game was to connect the body movements with our concentration. The next game was passing the ball. For that, the teachers divided the whole class into pairs. And each pair was holding a shawl and the ball was passing through the shawl. The game started with passing a



ball and later the number of balls increased. The game was very interesting. The aim of the game was to develop a good communication with others, co-working, involvement and the importance of concentration. The art session was started at 12 PM. The teachers divided the whole class into two groups. The teachers asked the students to discuss the relevant topics for painting the boxes to make the sculpture. The two selected topics were 'drug abuse and gender equality'. The students were actively participated in the art session. They were painted the boxes with their creativity. The art session helps to develop creative thinking among the students. The art session continued till 2.45 PM. After the art session, we used the time to practice our drama using properly. The teachers gave advice to improve our puppetry performance. Then the teachers explained the importance of puppetry show and how we can use the puppets in the classroom environment. The session was ended at 4.30 PM. The session was very informative and useful for the student teachers.



# Day-5

30/08/22

Tuesday

Today was the last day of our Art and Drama workshop. Unlike the other days, the session started with an activity of 'imitation using body parts'. It was an interesting activity where we had to imitate the action done by other student. Except the student who was doing the action, everyone else formed a circle and the assignee came forward and did the action. Everyone participated with equal interest. It was a kick-off strategic initiation to the session.

Then we moved on to a more interesting activity. It was also something related to acting. A person performs an action and one of the onlookers asks him what he is doing. Then the person doing the action says another action and the questioner shows it.

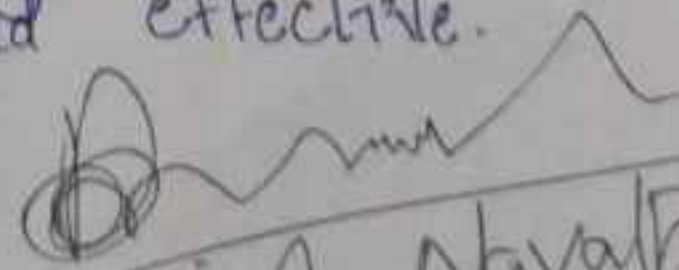
After that we rehearsed the puppetry and planned a script for 'invisible theatre'. We exhibited our



works we had done day before. It included the 'sculpture exhibition' using our cardboard box drawing related to "Drug Abuse", "Protection of environment and womenhood". We also exhibited our hand painting.

During the noon session we executed our invisible theatre which was a great success. After that all 3 groups staged at their puppetry play. It was a new experience for us and the audience. There were media men to shoot and report our final day workshop.

After the completion of all final day activities, there was an evaluation session of the 5 day workshop. All the students shared their experience and good memories and reflected on it. We expressed our gratitude to our trainer Sri. Rajesh Navath and the programme coordinator Sri. Sreenath Unniyambath. Altogether the 5 day workshop was very fruitful and effective.

  
Rajesh Navath.






INSTITUTE OF ADVANCED STUDY  
IN EDUCATION, THRISSUR

# SRISHTI

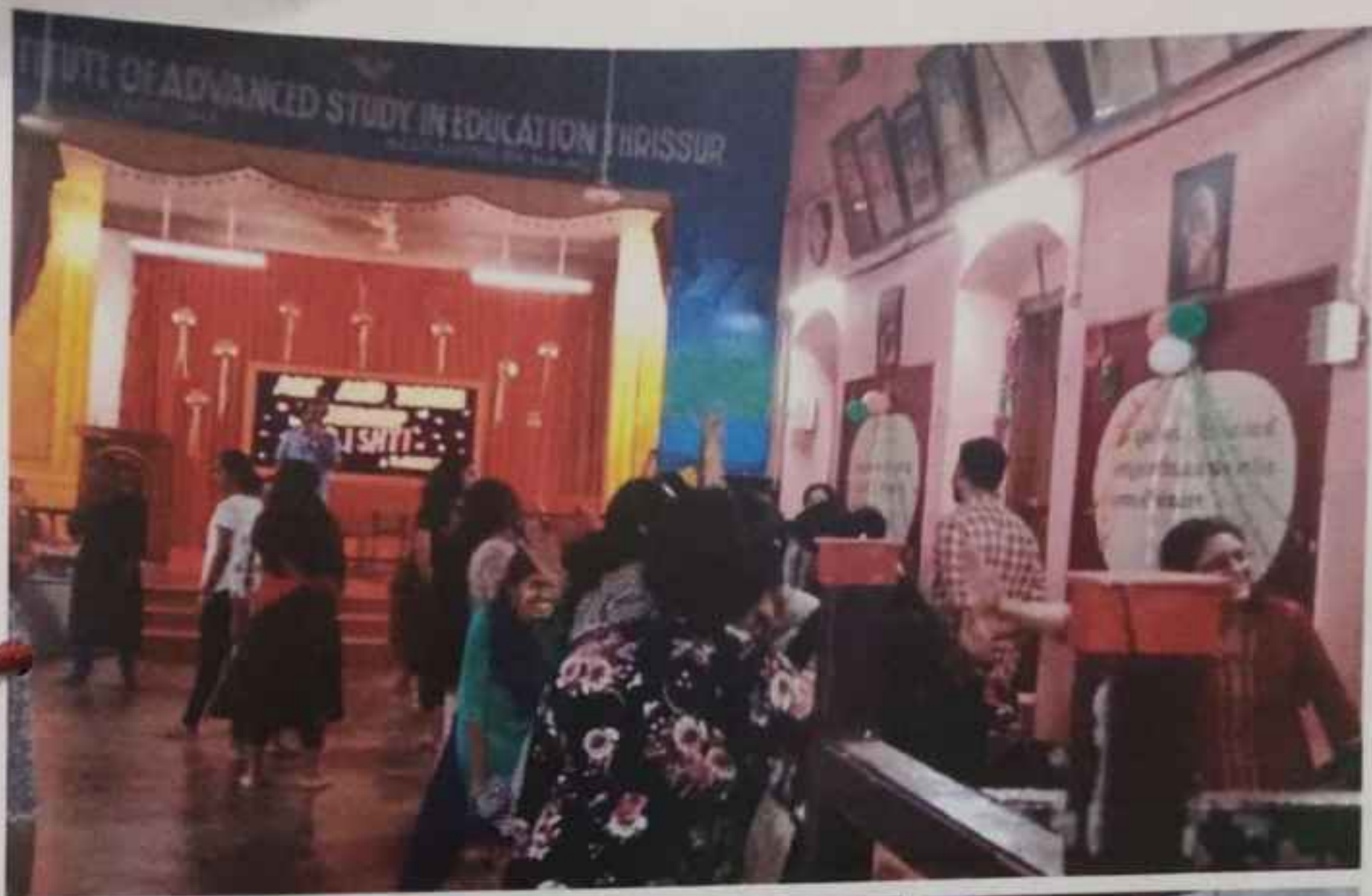
Art And Drama  
Workshop 2K22

**AUGUST 26-30**

RESOURCE PERSON  
**Sri. Rajesh Navath**  
Theatre Practitioner



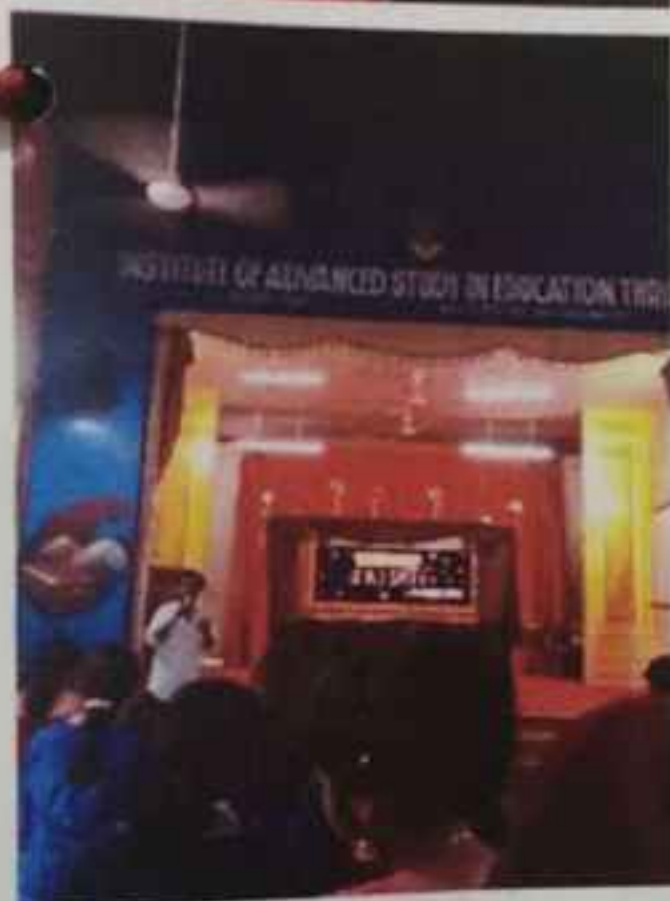














# **Institute of Advanced Study in Education (IASE), Thrissur**

Research Centre in Education accredited by  
NAAC with B+

IQAC, College Union and ICC jointly organises

**Seminar on**

## **Protection of Women from Domestic Violence Act, 2005 & Gender Equality**

by



**Adv. Vineetha Thampi**  
Legal conselor  
Jananeethi (SPC), Mannuthy

General Convenor  
Dr Happy P. V  
Principal in charge  
IASE, Thrissur

**DATE: 30/11/2022, WEDNESDAY**  
**TIME: 2 30PM TO 4 30PM**  
**VENUE: COLLEGE AUDITORIUM**

Programme Coordinator  
Dr Sreekala K. G  
Asst. Professor  
IASE, Thrissur



**IASE THRISSUR**

*organises..*

# ONE DAY WORKSHOP ON CHART MAKING


10 00AM ON  
1ST JULY 2022

RESOURCE PERSON



NIBIN ZECHARIAH P. BENNY

ST.MMCHS  
KANIPPAYUR,  
KUNNAMKULAM

- 
- 1) Flow Chart/  
Process chart
  - 2) Tree chart
  - 3) Flip Chart
  - 4) Tabular chart
  - 5) Content Chart





# INSTITUTE OF ADVANCED STUDY IN EDUCATION (IASE) THRISSUR

Research Centre in Education  
Accredited by NAAC with B+

## EUDAIMONIA SERIES

Organised by Jeevani Wellness Center IASE Thrissur



Key Speaker : ELSA PAUL  
Psychology Apprentice  
IASE Thrissur

TOPIC : LEARNING DISABILITY



General Convenor  
Dr Happy PV  
Principal ( in charge )  
IASE Thrissur

Programme Coordinator  
Sreenath U  
Asst Professor IASE  
Jeevani Coordinator



15/12/2022



10:00 am to 12:00 pm





# INSTITUTE OF ADVANCED STUDY IN EDUCATION (IASE), THRISSUR

RESEARCH CENTRE IN EDUCATION, UNIVERSITY OF CALICUT  
ACCREDITED BY NAAC WITH B+

## WORKSHOP

### Module Preparation



**Venue:**

**Seminar  
Hall**



**PRASY P**  
**Lecturer**  
**DIET Thrissur**

ALL ARE INVITED

**Programme Coordinator**

**Sreenath U.**  
**Assistant Professor**  
**IASE, Thrissur**

**General Convenor**

**Dr. Happy P. V.**  
**Principal**  
**IASE, Thrissur**









# **Institute of Advanced Study in Education, Thrissur**

Research Centre in Education

accredited with B+

with IQAC, College Union and ICC

***Nov 25***

## ***International Day for the Elimination of Violence against Women***

Inauguration of UNITE Campaign

Time: 1.30pm

Venue: Auditorium

General Convenor

Dr. Happy P. V

Principal (in charge)

I. A. S. E, Thrissur

Programme Co-ordinator

Dr. Sreekala K. G

Asst. Professor

I. A. S. E Thrissur





# **INSTITUTE OF ADVANCED STUDY IN EDUCATION (IASE), THRISSUR**

Research centre in education accredited by NAAC with B+

## **WOMEN CELL**

in collaboration with

## **IQAC**

Organises

# *International Women's Day Celebration*

## **8 MARCH 2023**

### **Chief Guest**



### **Ms.MAYA PRAMOD**

Ph.D research scholar

Department of history

Christ College, Irinjalakuda



### **10.00 AM-11.00 AM**

Venue : M.Ed. Seminar hall

**General Convenor**

**Dr.Happy PV**

Principal IASE Thrissur

**Programme Coordinator**

**Dr.Mubi K Mohamed Ali**

**Assistant Professor IASE,**





# **Institute of Advanced Study in Education, Thrissur**

Research Centre in Education  
accredited with B+

with IQAC, College Union and ICCCE

***Nov 25***

## ***International Day for the Elimination of Violence against Women***

Inauguration of UNITE Campaign

Time: 1.30pm

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Principal (in charge)

I. A. S. E, Thrissur

Programme Co-ordinator

Dr. Sreekala K. G

Asst. Professor

I. A. S. E, Thrissur



Institute of Advanced Study in Education (I.A.S.E), Thrissur together with IQAC, College Union and ICC observed the "International Day for the Elimination of Violence against Women" on Nov 25<sup>th</sup> 2022, in college auditorium at 1.30 pm. The programme was hosted by Ms. Najma of 1<sup>st</sup> B.Ed English. She presented a short introduction to the history and significance of the day. Dr. Sreekala K.G., assistant professor I.A.S.E, Thrissur inaugurated the 'UNITE' campaign and highlighted the concept



of "Activism against Gender based violence against women and girls" in her speech.

Students from M.Ed and B.Ed programmes shared their personal experiences and views on this topic and made the session a heart-touching one. A short demonstration of self-defense strategies for women was conducted by Mr. Jose, non-teaching staff, J.A.S.E. It was truly an enriching experience for all. The programme came to an end with note of thanks by Ms. Kanya of I<sup>st</sup> sem B.Ed Mathematics.







INSTITUTE OF ADVANCED STUDY IN EDUCATION  
THRISSUR

REPORT OF THE SEMINAR  
ON  
PROTECTION OF WOMEN FROM  
DOMESTIC VIOLENCE ACT, 2005  
AND GENDER EQUALITY

30<sup>th</sup> NOVEMBER 2022  
WEDNESDAY



As a Part of International Day for the Elimination of Violence against Women on November 25<sup>th</sup>, Institute of Advanced Study in Education (IASE) Thrissur in collaboration with IQAC, College Union and LCCC, conducted a Session on the topic 'Protection of women from domestic violence Act, 2005 & Gender equality. The resource person of the Session was Advocate, Vineetha Thambi, Legal counsellor, Jananeethi<sup>o</sup> (Spc) Mannuthy. The Seminar was conducted on 30<sup>th</sup> November 2022 at 2.30 pm at college auditorium. The Seminar was done with the support of Dr Happy P.V, General Convener, and Dr Sreekala K.G, Programme co-ordinator of the Seminar.

The Seminar provided a detailed awareness of "Protection of women from domestic violence Act 2005". It also discussed various inequalities prevailing in the society, and major traumas faced by women in the society. Advocate Vineetha gave more information on the legal aspects of women centric abuses, discriminations and assaults existing in the society.



The students were provided an interactive session which ensured the active participation of students. The Seminar was an effective opportunity to acquire awareness on laws and rules and it also facilitated an open talk for the students. The Seminar came to an end by 4.00 Pm.





**Institute of Advanced Study in  
Education (IASE), Thrissur**  
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IQAC, College Union and ICC jointly organises  
**Seminar on  
Protection of Women from  
Domestic Violence Act, 2005  
& Gender Equality**



**Adv. Vinetha Thampi**  
Legal counselor  
Jammattathi (SPC), Mannanthy

General Convener:  
Dr. Haripriya P. V.  
Principal in charge  
IASE, Thrissur

**DATE: 30/11/2022, WEDNESDAY**  
**TIME: 3:30PM TO 4:30PM**  
**VENUE: COLLEGE AUDITORIUM**

Programme Coordinator:  
Dr. Sreedhara K. G.  
Asst. Professor  
IASE, Thrissur





# INSTITUTE OF ADVANCED STUDY IN EDUCATION (IASE) THRISSUR



## Talk on contemporary US school system



**Divya P I**

Chemistry Teacher, Pinnacle High School,  
Paradise Valley Unified School District, Phoenix, Arizona



**8 JANUARY 2023**



**8.00 PM**



**GOOGLE MEET**

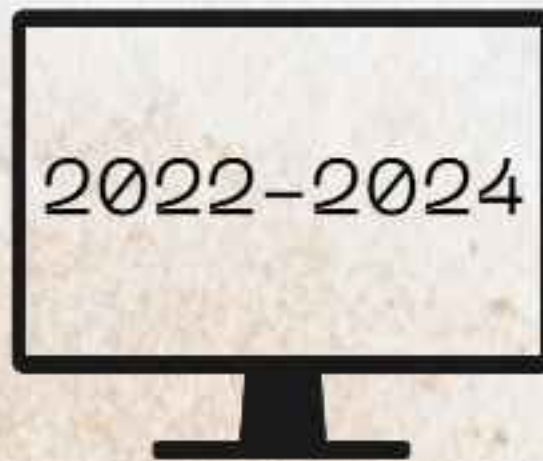


# INSTITUTE OF ADVANCED STUDY IN EDUCATION (IASSE) THRISSUR

Dept of Educational Technology in  
collaboration with KITE Thrissur & IQAC



## THREE-DAY ICT WORKSHOP ON EDUBUNTU FOR S1 M.Ed STUDENTS, IASSE THRISSUR



9-11 JANUARY 2023 10.00AM - 4.00 PM



KITE OFFICE, THRISSUR



# Programme Schedule

Prayer : Ragamalika Music Club

Welcome speech : Dr. Pradeep Chandran .B  
: Asst. Professor in  
Educational Technology

Presidential Address : Dr.Happy .P.V  
: Principal, IASE Thrissur

Inauguration: Sri.Ashraf .M  
District Coordinator  
KITE Thrissur

Felicitation : Dr.Santhosh Areekuzhiyil  
Asso.Professor  
M.Ed Coordinator & IQAC  
Coordinator

Vote of thanks : Aiswarya .V  
: Fine arts Secretary

**Programme Convener**

**Programme Coordinator**

Dr. Happy .P.V  
Principal IASE  
Thrissur

Dr. Pradeep Chandran .B  
Asst. Professor in  
Educational Technology



# Resource Persons

Sri.Ashraf .M  
District Coordinator  
KITE Thrissur

Sri. Subhash .V  
Master Trainer  
KITE, Thrissur

Smt. Geetha .C.R  
Master Trainer Co-ordinator  
KITE, Thrissur



**DAY 1 : 9/1/2023**  
**Tuesday**

Introduction to  
EDUBUNTU, Office  
packages-Libre  
office, Calc, Impress



**DAY 2 : 10/1/2023**  
**Wednesday**

Educational Softwares-  
Marble, PhET, Stellarium,  
Geogebra, Image editing -  
GIMP

**DAY 3 : 11/1/2023**  
**Thursday**



Audio and Video editing-  
Audacity, KDENLIVE,  
Sony Vegas



## **INSTITUTE OF ADVANCED STUDY IN EDUCATION [IASE] THRISSUR**

Research centre in Education, Accredited by NAAC with B+

### **INTERNATIONAL WOMEN'S DAY CELEBRATION**

**MARCH 08 , 2023**

March 8<sup>th</sup> marks a very important day, INTERNATIONAL WOMEN'S DAY. This day pays tribute to women and recognizes their incredible achievements, raises awareness and encourages others to advocate gender equality. The world is moving towards gender equality focussing the creation of a balance between men and women. "DigitAll : innovation and technology for gender equality", recognizes and celebrates women and girls who are championing the advancement of transformative technology and digital gender gap on widening economic and social inequality.

#### **I. A. S. E and WOMEN'S DAY**

As a part of women's day, I. A. S. E conducted many programmes by ensuring the active participation of students. The women's day celebrations commenced in the previous week itself with several programmes being conducted in the morning assembly.

The day began at 09.30 am with the energetic flash mob by both B. Ed first and second years in the shuttle court. A theme dance was also performed by the B. Ed first years on the theme of social and cultural status of women.

#### **INAUGURATION CEREMONY**

The official inauguration ceremony was held at 10.am in the M. Ed seminar hall. Ardra of Second B. Ed was the anchor who gave a brief introduction on women's day. Vice Chairperson Shamna J welcomed the gathering followed by a presentation on history, importance and themes of women's day. Second year B. Ed students Haritha, Ranjana Martin and Aswathi were the presenters. Dr. Sreekala Asst. Professor, gave the presidential address where she shared her views on contemporary atrocities faced by women. Keynote address was delivered by chief guest of the day Ms. Maya Pramod. Her speech was dedicated to all women and she talked on her life experiences , digital untouchability, mobility, financial stability etc. She also discussed about the five areas of women empowerment. Elza Paul, the Psychology Apprentice and Naseef K UUC felicitated the gathering. Dr. Sreekala gave presented a memento to Ms. Maya Pramod. Prize distribution was also done. The winners were Meena Vijayan ( Identify the person)



Reshma R Nath, Muhammad Fasil ( Quiz) and Indhu Mohan (Extempore). Ardra B. Chandran Joint secretary thanked the gathering. The programme ended at 12.00 pm.

## **DEBATE**

A debate competition was conducted at 12.00 pm in M. Ed seminar hall on the topic "For effective woman empowerment which of these would suffice : STEM / Humanities. B. Ed first and second years were the participants where the first years favoured the importance of STEM while the second years sided with the relevance of humanities. First year B. Ed student, Niveditha was the moderator. Participants stated their deep thoughts and strong convictions. Judges made their evaluation and expressed their comments. Second years were the winners. The programme ended at 12.40 pm after the prize distribution.

## **BEING A LEADER**

Being a leader, a speech competition was conducted at 12.45 pm in the M. Ed seminar hall. Students participated actively. There were three sessions - If I become a Prime Minister, what changes would I bring, If I become the Chairperson of I. A. S. E and If I was the head of B. Ed curriculum revision committee. Shmana and Jyothis were the participants of the first session. Vinimol and Shiya participated in the second while Naseef took part in the third. Dr. Geethakunari and Dr. Lakshmi were the judges. Shiya, Naseef and Shamna won the prizes. The programme concluded at 01.15 pm.

## **QUIZ**

A quiz competition was conducted by the M. Ed students at 03.30 pm in their classroom. There were six teams with two members each. There were three rounds in which Muhammad Fasil and Ranjana Martin won the first and Najma and Silpa won the second position.

















**INSTITUTE OF ADVANCED STUDIES  
IN EDUCATION (I.A.S.E.), THRISSUR**

# **ANTI-HUMAN TRAFFICKING CLUB**

**POCSO ACT 2012 AWARENESS CLASS REPORT**

**2023**



# **POCSO ACT AWARENESS CLASS**

Anti-human trafficking club (AHTC), conducted an awareness class about POCSO Act 2012 On Friday 10/8/2023. The Program was held in the MEd. Seminar hall. The Program Started at 10. 15 am under the supervision of Dr. Mubi K. Mubammed Ali who is the teacher Coordinator of AHTC and the Assistant Professor of Natural Science Department.

The welcome speech was presented by Sandra K.S., the student coordinator of AHTC. After that the awareness class was began immediately.

The Awareness Class was presented by Niveditha, AHTC member and student of English department. The class explained the Pocso Act 2012.



The Class Started with what is meant by Pocso Act. Protection Of Children from Sexual Offences Act is (Pocso Act) is a legal framework for protection of children from Sexcial assault, Sexual harassment pornography. it make the judicial process child friendly.



After that the sexual offences against children and the punishments were discussed. The sexual offences are Penetrative sexual assault, Sexual assault, sexual harassment, Pornography etc.

After that, the Procedure of reporting a Case was discussed in detail. Later the Procedures involved in recording the statement of the child as well as the things to be taken care of were discussed.

This awareness Class was an Opportunity for the students to know more about the Pocso Act. The information reached directly to them with the help of Ppt. As teachers, this class was able to develop awareness on how to deal with Child sexual abuse and how the law protects the child against the sexual offences.





## **A Report on UGC NET-JRF Orientation Programme**

Institute of Advanced Study in Education (IASÉ), Thrissur Research centre in Education, University of Calicut in collaboration with IQAC have undertaken a one day orientation programme for the General paper of UGC NET-JRF Examination on 2nd July 2022 at 9AM. The programme was handled by Dr. Santhosh Areekkuzhiyil, Associate Professor, IASE, Thrissur and Dr. Prajisha Kayalatt, Assistant Professor, Sree Krishna College, Guruvayoor. The two distinguished resource persons imparted valuable insights, strategies, and guidance to enhance participants' understanding and readiness for the examination. Dr. Happy P V, Principal, IASE Thrissur delivered the welcome speech. A total of 30 NET aspirants from diverse disciplines actively participated in the programme. It was an intensive and comprehensive preparation program for candidates aiming to clear the UGC National Eligibility Test (NET). The primary objective of the coaching class was to equip candidates with the requisite knowledge, skills, and confidence to excel in the NET examination. The program aimed to discuss a wide array of topics crucial for the exam, ensuring that participants from diverse academic backgrounds were thoroughly prepared to tackle the complexities of the test. The coaching program focused on the general paper of UGC-NET catering to the diverse needs of aspiring educators and researchers and covered essential topics relevant to the general paper of the NET exam. Their collective efforts played a pivotal role in shaping the learning experiences of the participants and preparing them for the challenges of the exam. Moreover, the instructional approach adopted by the faculty emphasized active learning, encouraging participants to engage in discussions, ask questions, and collaborate with their peers. This participatory approach not only enhanced understanding but also fostered a conducive learning environment for academic growth. In conclusion, the NET coaching class served as a beacon of guidance and support for aspiring candidates preparing for the NET examination. As participants embark on their journey towards achieving their goals, they carry with them the knowledge, confidence, and resilience instilled by the coaching class, paving the way for a brighter and more promising future.



Institute of Advanced Study in Education (IASE),  
Thrissur, Kerala  
(Research centre in Education, University of Calicut)



*The Research centre and IQAC jointly organise*

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*Orientation Class for the*  
**General Paper of**  
**UGC NET- JRF Examination**

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*on*

2<sup>nd</sup> July, 2022, Saturday

Time: 9 AM to 5 PM

Venue: Auditorium, IASE, Thrissur

For Registration: <https://forms.gle/1RZR3MCK4pxaBGBX6>

*All are cordially invited*

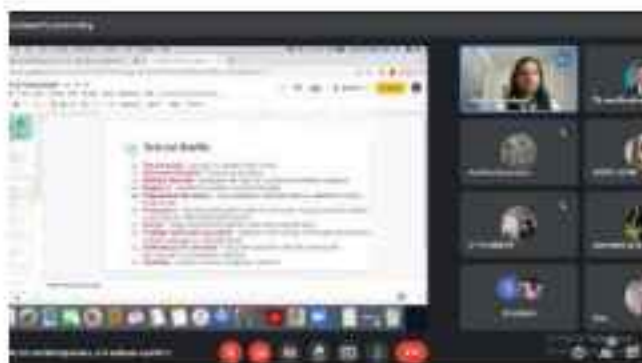
Dr. Santhosh Areekkuzhiyil  
Coordinator, IQAC  
Mob: 9447847053; 8075488565  
Email: drsaniase@gmail.com

Dr. Happy P V,  
Principal



## Talk on the contemporary US school system

The talk series on various school systems in different countries across the world by IQAC of IASE Thrissur began with a talk on the contemporary US school system on January 8, 2023. The webinar was conducted on the google meet platform with the link: <https://meet.google.com/rht-gwfq-dwu>. The webinar started at 8.00 PM. The resource person of the programme was Divya P.I., Chemistry Teacher at Pinnacle High School, Paradise Valley Unified School District, Phoenix, Arizona. The resource person was introduced by IQAC coordinator Dr. Santhosh Areekkuzhiyil, associate professor of the department of educational psychology of IASE Thrissur. The teaching staff, research scholars, and BEd. & MEd. students of IASE actively participated in the webinar.



The differences between the Indian school system and the US school system were detailed by the resource person. The method of teaching and division of subjects in various levels vividly

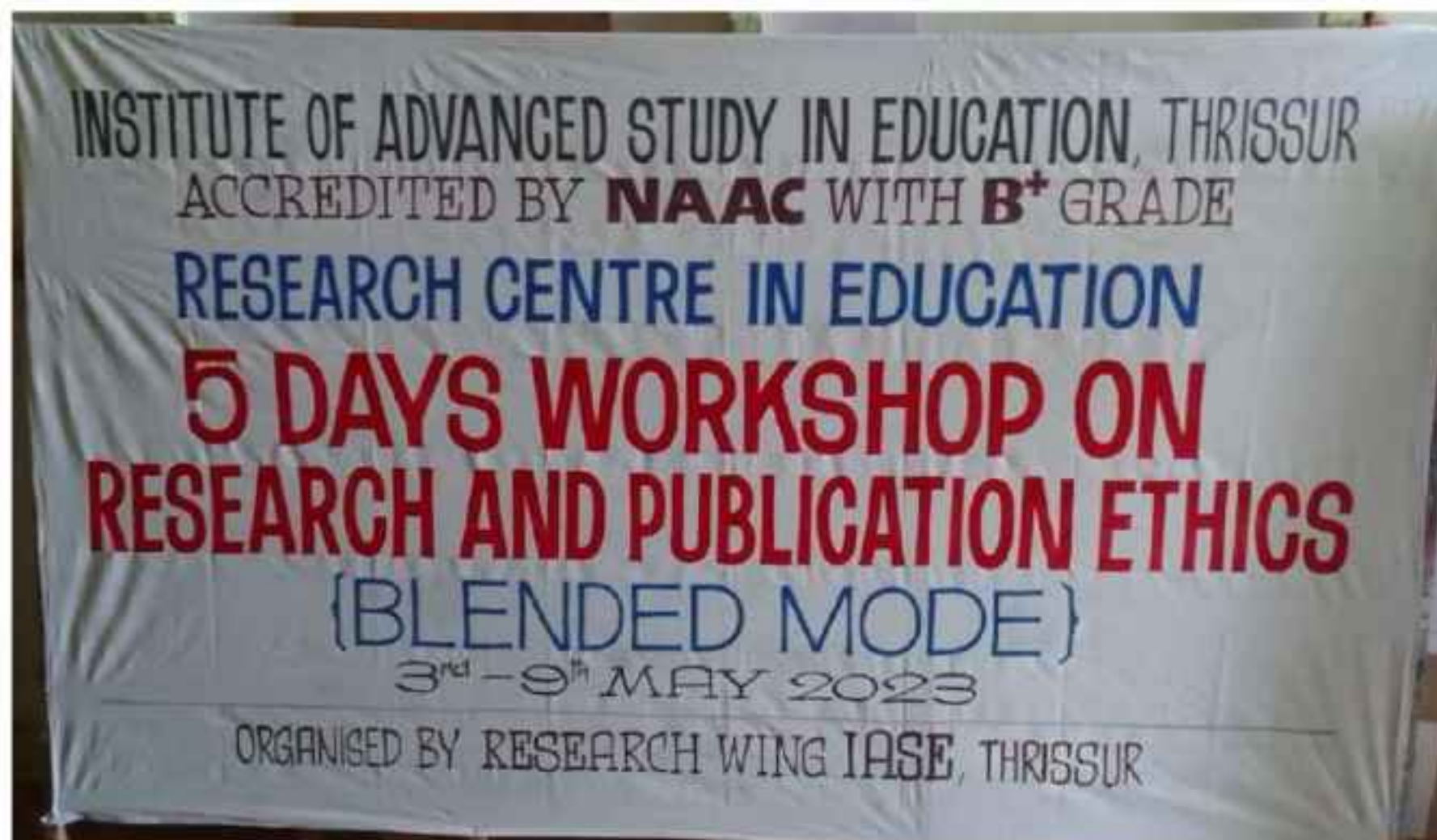


explained what makes the US different. The support to attention-disabled and intellectually disabled students by IEP & 504 programme highlighted the brave mind behind the curriculum. The proper usage of academic counselors guides the students to the proper class level which is not a burden for them. They also have the provision to switch if the levels become difficult for them.

Various students from MEd. & BEd. asked their doubts and the resource person explained them in detail. The webinar session ended at 9.00 PM with a vote of thanks by research scholar Anitha.



**INSTITUTE OF ADVANCED STUDY IN EDUCATION**  
**Research Centre in Education, University of Calicut, Thrissur**  
**Five-Day Workshop on**  
**RESEARCH AND PUBLICATION ETHICS**  
**(03-05-2023 to 09-05-2023)**  
**Organized by the Research wing, IASE, Thrissur**



**INAUGURAL SESSION**

**Date: 03/05/2023 (Wednesday)**

**Time: 9.30am - 10.30am**

**Venue: Online (Google Meet)**

The workshop began with a prayer followed by a welcome address by Dr. Mubi K Mohamed Ali, Assistant Professor, IASE Thrissur. She welcomed all the participants and emphasized the importance of research and publication ethics in academia.



Dr. R Lakshmi, Program Coordinator and Assistant Professor in Hindi, IASE Thrissur, then delivered the inaugural address. She highlighted the need for research ethics and the importance of ethical research practices in producing valid and reliable research outcomes. She also emphasized that research misconduct not only violates ethical principles but also undermines the credibility of research.

The keynote address was delivered by Dr. P.N. Vinod, Research Desk, CHMK Library, University of Calicut, on the topic of Publication Ethics. He provided an overview of the ethical considerations that researchers need to keep in mind while publishing their research work. He explained the importance of authorship, plagiarism, conflict of interest, and other ethical issues related to research publication.

The session was concluded with a vote of thanks by Kala Krishnan, Research Scholar, IASE, Thrissur. She thanked the keynote speaker, organizers, and participants for their contribution and participation in the workshop. Overall, the Inaugural Session provided a comprehensive overview of the importance of research and publication ethics. It set the tone for the rest of the workshop and highlighted the significance of ethical research practices in academic research.

#### **Day 1 - May 3, 2023 (Wednesday)**

**Time : 10.30 am to 12.30 am**

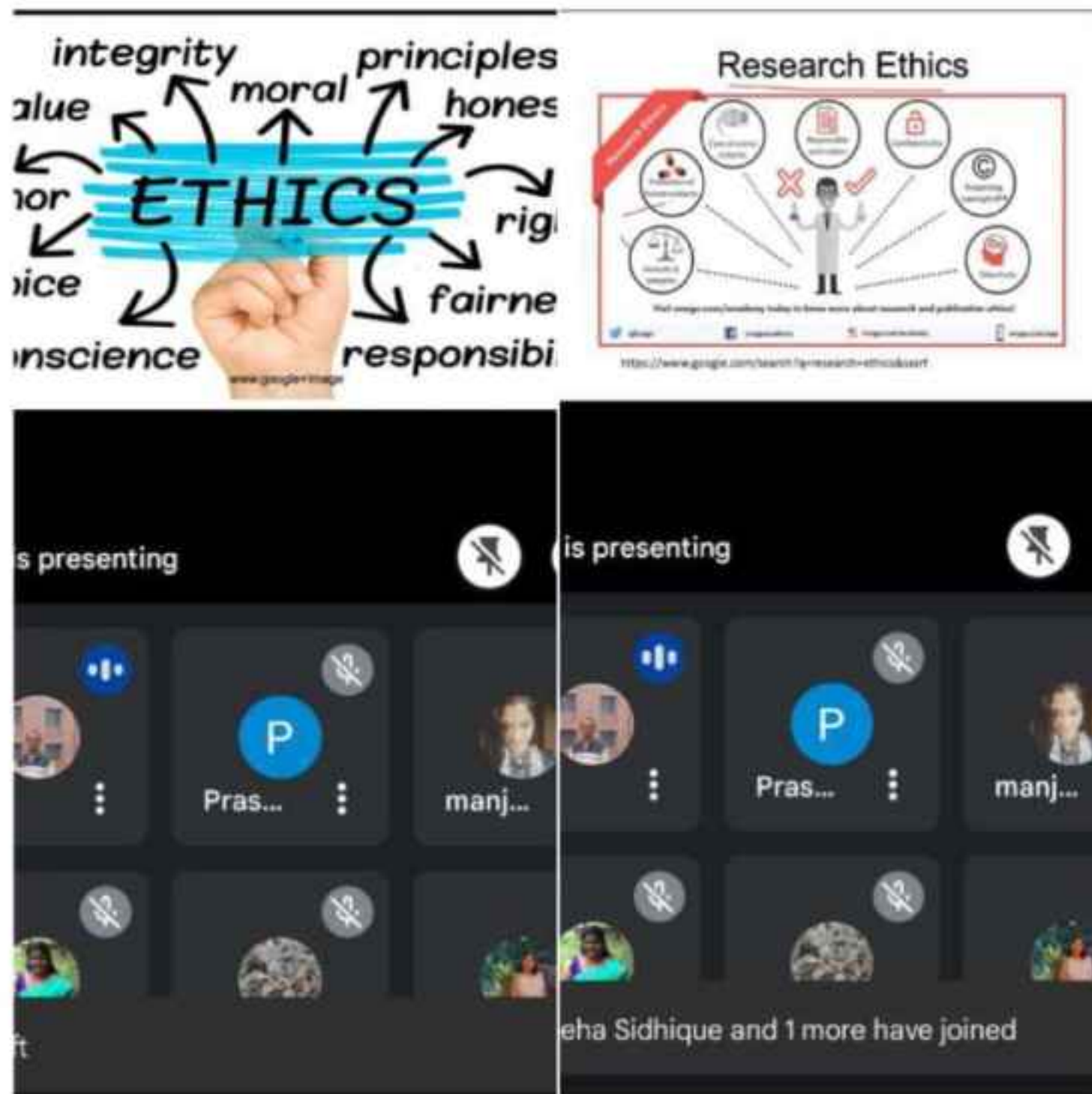
**Dr. Vinod V M**

**Topic- Publication ethics**

Dr. Vinod V M, from the Research Desk, CHMK Library, University of Calicut, conducted the first session of the day, which was held online from 10:30 am to 12:30 pm. The session focused on Publication Ethics and covered various topics like authorship, peer review, conflicts of interest, redundant publication, data fabrication, and data falsification. The session emphasized the importance of ethics in publishing research, the responsibility of authors and publishers, and the consequences of unethical practices.



The session concluded with a discussion about the topic, during which participants had the opportunity to ask questions and clarify their doubts on the topic. Dr. Vinod provided insightful answers to all the questions raised and provided additional resources for further reading and learning on the subject.



In conclusion, the session on Publication Ethics conducted by Dr. Vinod V M was highly informative and provided valuable insights into the importance of ethical publishing practices. The session was well-organized and presented in a clear and concise manner, making it easy for participants to understand the complex topic of publication ethics. Overall, the session was a success, and I highly recommend it to anyone interested in learning more about ethical publishing practices.

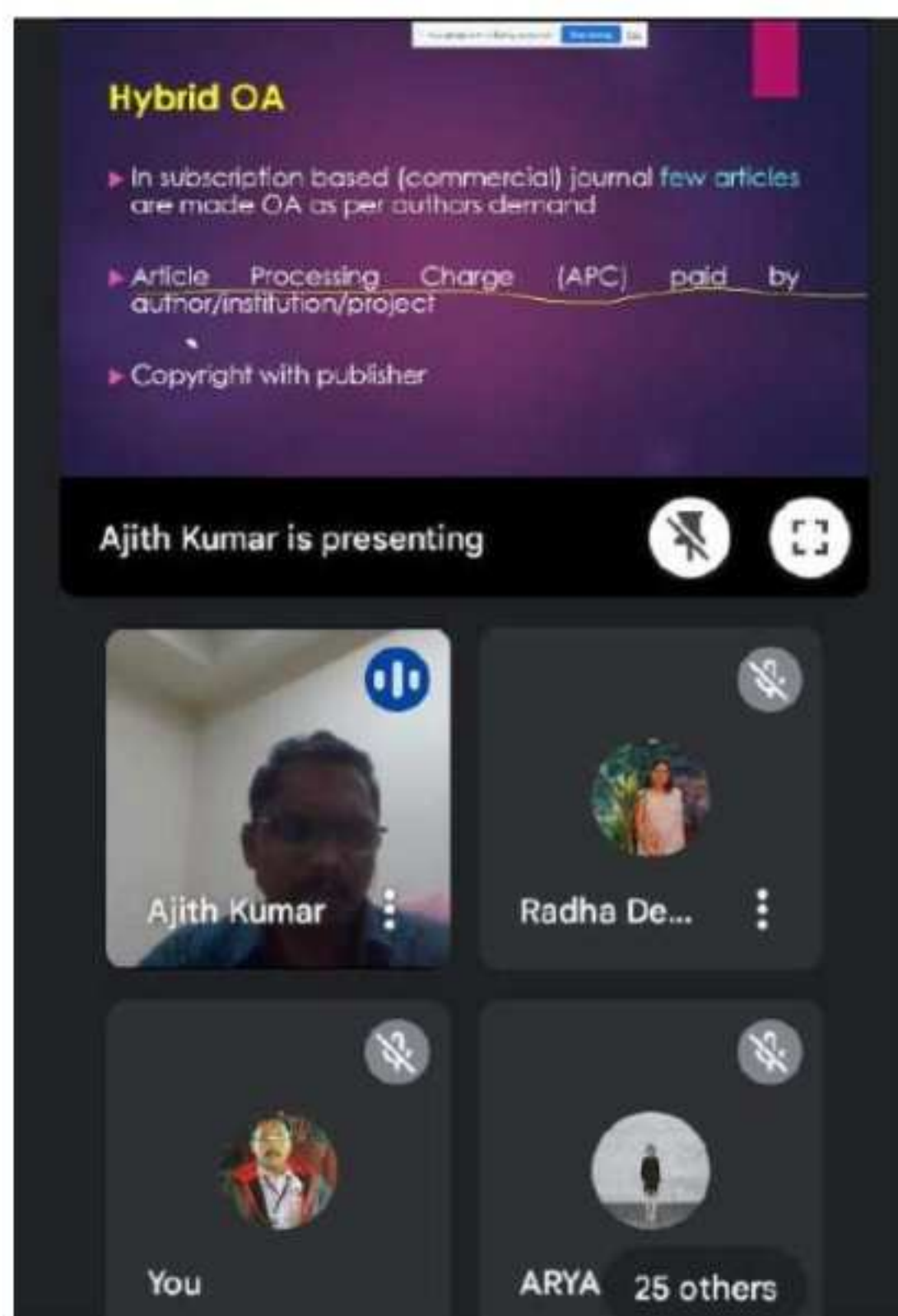


**Time: 2 pm to 4 pm**

**Dr. Ajith Kumar C**

**Topic : Open Access Publishing**

The second session, held online from 2 pm to 4 pm, was conducted by Dr. Ajith Kumar C, Assistant Professor (Stage III), School of Education, IGNOU, New Delhi. The session focused on Open Access Publishing, which covered topics like open-access journals, publishing models, and the advantages and disadvantages of open-access publishing. The session highlighted the role of open-access publishing in promoting research and its accessibility to a wider audience.





The first day of the workshop was informative and provided a good start to the five-day program. The sessions were engaging and interactive, and the participants actively participated in the discussions and they were looking forward to the upcoming sessions of the workshop.

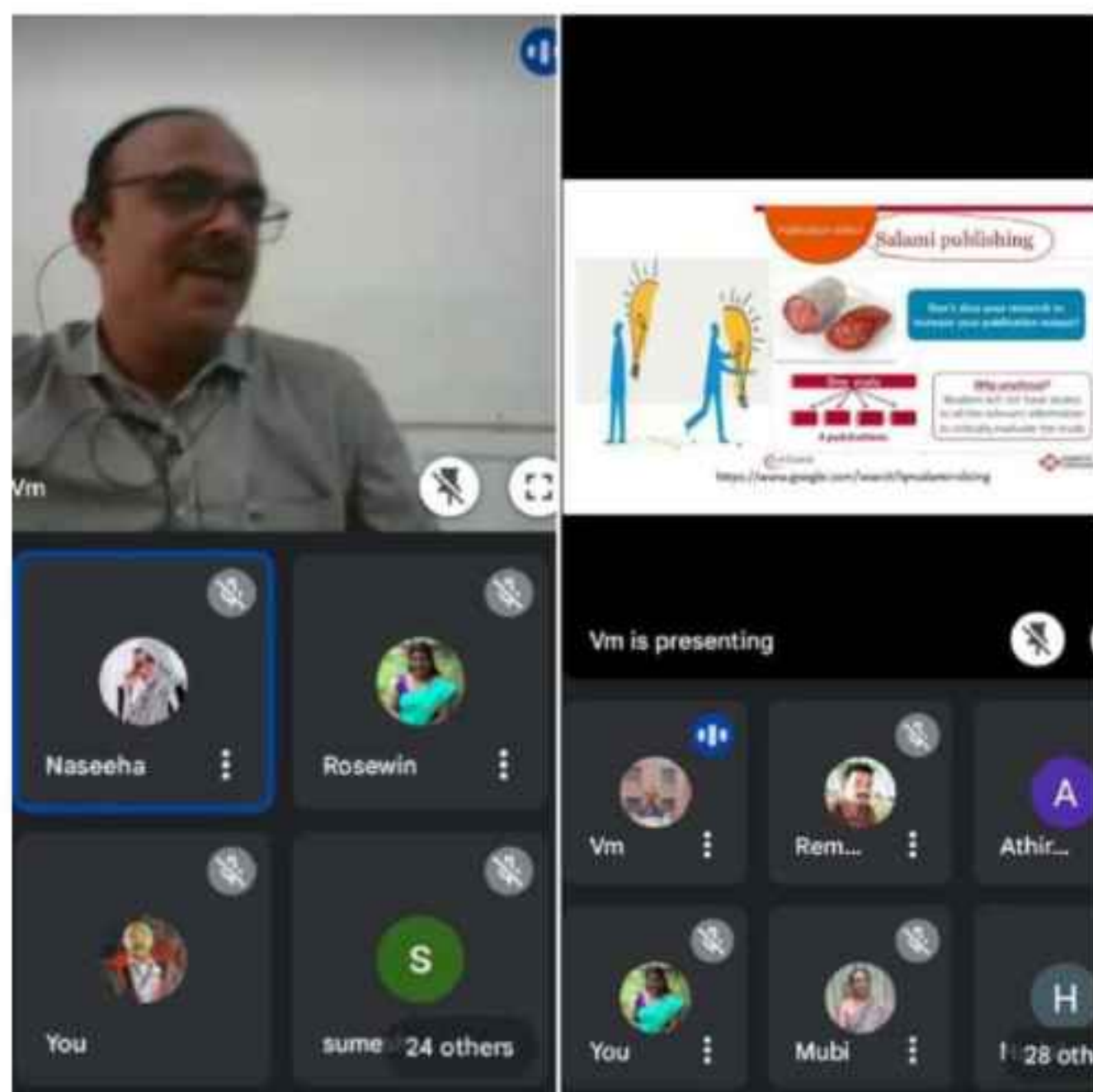
**Day 2 - 04/05/2023 (Thursday)**

**Time : 10.15am to 1.15pm**

**Dr. Vinod V M**

**Topic- Plagiarism**

The second day of the workshop began with an online session on "Plagiarism" conducted by Dr. Vinod V M, Research Desk, CHMK Library, University of Calicut. The session started at 10:15 am and lasted till 1:15 pm. The speaker began by defining plagiarism and its different types. He explained the importance of citing sources and using proper referencing techniques. The session also covered various tools and software available for detecting plagiarism, such as Turnitin, iThenticate, and PlagScan.





**Time : (2pm-5pm)**

**Dr. Divya C Senan**

**Topic-Research and Publication Ethics: Need and Practical Significance**

In the second session of the day, Dr. Divya C Senan from the Department of Education, University of Kerala, spoke on "Research and Publication Ethics: Need and Practical Significance." The session started at 2 pm and lasted till 5 pm. The speaker talked about the importance of research ethics in maintaining the credibility of research and ensuring the safety of research participants. She also discussed the ethical dilemmas that researchers may face and provided practical tips for resolving them. The session also covered the ethical considerations involved in the publication process, such as authorship, peer review, and conflicts of interest.

The sessions of day 2 were highly informative and provided a deep insight into research ethics and plagiarism. The participants actively participated in the discussions and gained valuable knowledge from the experienced speakers.

**Day 3 - 05/05/2023 (Friday)**

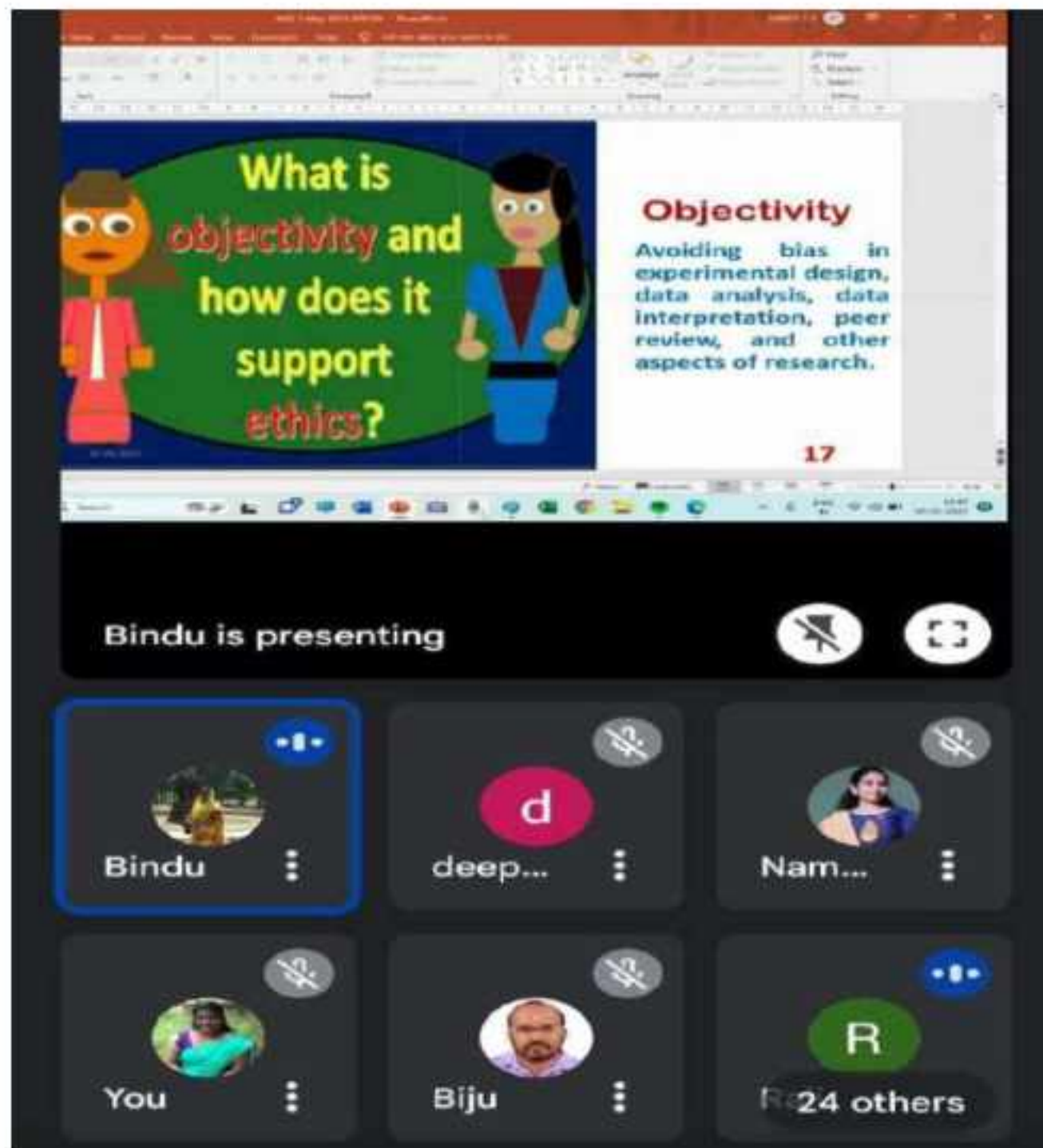
**Time : 10am – 1pm**

**Dr. Bindu T V**

**Topic- Publication Misconduct**

The third day of the workshop started with an online session on "Publication Misconduct" conducted by Dr. Bindu T V, Associate Professor, Department of Education, University of Kerala. The session began at 10 am and lasted till 1 pm. The speaker discussed various types of publication misconduct, such as fabrication, falsification, and plagiarism, and their impact on research and publication. She also talked about the consequences of publication misconduct and ways to prevent it. The session was highly interactive, and the participants actively participated in the discussions.





**Time : 2 pm to 5 pm**

**Dr. K Rajeshwari**

**Topic- Philosophy and Ethics**

In the second session of the day, Dr. K Rajeshwari, Retired Principal of IASE, Thrissur, spoke on "Philosophy and Ethics." The session began at 2 pm and lasted till 5 pm. The speaker discussed the philosophical underpinnings of research ethics and the importance of ethics in research. She also talked about the ethical considerations involved in conducting research, such as informed consent, confidentiality, and privacy. The session was highly informative and thought-provoking, and the participants actively participated in the discussions.





Overall, the sessions of day 3 provided a deep insight into the ethical considerations involved in research and publication. The speakers shared their valuable experiences and expertise, which helped the participants gain a better understanding of the importance of research ethics and the consequences of publication misconduct.

**Day 4 : 08/05/2023**

**Dr. M A Sudhir**

**Topic- Scientific Misconduct**



The fourth day of the workshop focused on scientific misconduct, with a session conducted by Dr. M A Sudhir, UGC Emeritus Professor from Gandhigram Rural University in Tamil Nadu. The session was held offline at the IASE Thrissur campus. The session began at 10 am and continued



until 4.30 pm, with a short break for lunch. Dr. Sudhir began by explaining the meaning of scientific misconduct, which includes falsification, fabrication, plagiarism, and other unethical practices that undermine the credibility of research.

He discussed several cases of scientific misconduct and highlighted the consequences of such behavior. Dr. Sudhir also provided examples of good research practices, emphasizing the importance of integrity, honesty, and transparency in scientific research. The session included several interactive activities, including group discussions and case studies, which provided participants with an opportunity to apply the knowledge and skills gained during the workshop. Overall, the session on scientific misconduct was informative and thought-provoking and helped participants to understand the importance of research integrity and ethics.

**Day 5 : 09/05/2023**

**Dr. A T Francis**

**Topic- Databases and Research Metrics**



The final day of the workshop focused on databases and research metrics, with a session conducted by Dr. A T Francis, Professor and Head of the Department of Library and Information Science at Rajagiri College of Social Sciences in Kalamassery. The session was held offline at the IASE Thrissur campus.

The session began at 9.30 am and continued until 4.30 pm, with a short break for lunch. Dr. Francis began by introducing the participants to various databases and research metrics that are commonly used in academia. He provided a detailed overview of citation databases, such as Scopus and Web of Science, and explained how they can be used to track research output, identify potential collaborators, and assess the impact of research. He also discussed various research metrics, such as the h-index and impact factor, and explained their significance in academic research. He provided examples of how these metrics can be used to evaluate the quality of research, both at an individual and institutional level.

The session included several hands-on activities, including demonstrations of how to search and retrieve information from various databases, and how to interpret research metrics. Participants were encouraged to try out the various tools and databases on their own, with guidance from Dr. Francis.

Overall, the session on databases and research metrics was highly informative and practical and provided participants with a useful set of skills and knowledge that can be applied in their research work. The workshop concluded with a valedictory session, during which participants were presented with certificates of participation and the organizers thanked the participants, speakers, and staff for their contribution to the workshop.



## VALEDICTORY SESSION

**Date:** 09/05/2023 (Wednesday)

**Time:** 4.00 pm – 04.30 pm

**Venue:** M.Ed Seminar hall, IASE, Thrissur

The Five-day workshop on Research and Publication Ethics organized by the Research Centre in Education, came to a conclusion on 9th May 2023. The valedictory session was conducted from 4.30 pm to 5 pm on the same day. The session was chaired by Dr. A.T. Francis, Professor and Head of the Department of Library and Information Science, Rajagiri College of Social Sciences (Autonomous), Kalamassery.





The session started with a prayer by Radhadevi A.S, Research Scholar at IASE Thrissur. The welcome speech was delivered by Rosewin C Peter, Research Scholar, IASE Thrissur. Dr. A.T. Francis gave a brief introduction about the workshop and expressed his gratitude towards the organizers for conducting the workshop on such an important topic. He also emphasized the importance of research and publication ethics in the academic world and appreciated the efforts of the participants in attending the workshop. The felicitation was given by Dr. Happy P V, Principal in charge of IASE Thrissur, who congratulated the participants on completing the workshop successfully and encouraged them to continue their research with integrity and ethical standards.

The certificate distribution was carried out by Dr. A.T. Francis and other faculties of IASE Thrissur. The participants expressed their gratitude towards the organizers and the resource persons for providing them with valuable insights into research and publication ethics.







Finally, Dr. R. Lakshmi, Program Coordinator and Assistant Professor in Hindi at IASE Thrissur delivered the vote of thanks, where she expressed her gratitude towards the resource persons, participants, and the organizing committee for making the workshop a grand success. She also thanked the University of Calicut and the Research Centre in Education for their support in conducting the workshop.

The valedictory session ended with the National Anthem. The Five-day workshop on Research and Publication Ethics has definitely been a valuable experience for all the participants, as it has provided them with the necessary knowledge and skills to carry out research in an ethical and responsible manner.





## CONCLUSION

In conclusion, the Five-day workshop on Research and Publication Ethics organized by the Research Wing of IASE, Thrissur, was a great success. The workshop aimed to raise awareness about publication ethics and misconduct, develop skills for using plagiarism tools and promote research integrity. The hands-on sessions on indexing and citation databases, open-access journals, research metrics, and plagiarism tools were insightful and helped participants understand how to publish their research ethically and validly. The workshop was attended by researchers, scholars, and students from various disciplines, and the interaction and knowledge-sharing were remarkable. The organizers and speakers did an excellent job of conducting the sessions, and the participants found the workshop to be informative, practical, and useful. Overall, the workshop was a step toward promoting research ethics and integrity and is expected to benefit the research community in the long run.